SR-AS - Questionnaire on sensory reactions/ SR-AS – Scoring

Purpose of instrument
Self-report instrument for sensory reactivity. It can be used for evaluation of sensory symptoms as described in DSM-5 for autism spectrum conditions. It can also be used as a tool for self-knowledge and for development of coping strategies in order to deal with the sensory environment.

Target group
For individuals who are in a diagnostic evaluation of sensory symptoms in autism spectrum conditions.

How to use
The instrument comprises statements about reactions to sensory input. The task is to self-rate the statements on a scale from 0-3. After completion sum and divide the sum of each subscale with number of items in the subscale. Approximate means for a group of people with ASC diagnosis were hyper reactivity 1.5, hypo reactivity 1.1, sensory interests 1.4 and sensory/motor 1.3. In a comparison group from the general population the corresponding means were 0.4, 0.3, 0.4 and 0.3.

Validity/references