A new IT solution, NPÖ, makes it possible for healthcare professionals to take part of your patient information from other healthcare providers as well. With a better overall picture of you as a patient healthcare professionals can give you the correct treatment quicker. You can choose whether to take part in NPÖ or not.
In order to provide good healthcare, healthcare staff need access to information about you as a patient. For example, where you have received care before, what medicines you are taking, whether you have any hypersensitivity or other diagnoses.

If you have received care from several different care providers, your information will be stored in several places, as each healthcare provider stores patient information locally. Often, you can describe your own healthcare history when asked by a doctor. But what would happen in an emergency? Or when you cannot remember?

**NPÖ provides a better overall picture quickly**

The IT solution Nationell Patientöversikt, NPÖ, (National Patient Overview) is now being introduced throughout the country. Healthcare professionals can use a computer to look up NPÖ and read your patient information from other healthcare providers if you agree to this. Healthcare providers having access to some information in the patient records from other providers is known as joint record keeping.

NPÖ makes it possible to gain direct access, via a computer, to joint record keeping.

The big advantage of NPÖ is that it makes it easier, safer and quicker for healthcare providers to get a comprehensive picture of your healthcare history - and give you the correct treatment quicker. With NPÖ, you also avoid having to repeat your healthcare history when you seek care.

**How is your personal integrity protected?**

It is only healthcare providers who have a patient relationship with you who can access your information via NPÖ. The security surrounding use of NPÖ is high. The healthcare staff must be authorised and have a valid e-service identity card in order to gain access to NPÖ at all. Before anybody reads the information, you must be asked and have agreed.

Every time anybody reads your information, the event is registered. It is therefore possible later to trace who has read the information, at what unit, and when this happened. As healthcare providers, we are obliged to make checks on the access to your information, and we have worked out procedures for this.

**NPÖ – a solution that increases patient safety**

By using the IT solution Nationell Patientöversikt, NPÖ (National Patient Overview), authorised healthcare professionals can quickly find out information about you as a patient - irrespective of where you are seeking care. The aim is to increase your patient safety. You can choose whether to take part in NPÖ or not.
What type of information is involved?
NPÖ is not replacing patient records. It only makes certain information available to more healthcare providers. For example, information about where you have received care before, what medications you have been given, what the previous diagnoses were and whether you have any particular hypersensitivity. At www.nationellpatientöversikt.se you can read more about the medical information that different healthcare providers are making available via NPÖ.

Your choices

✅ If you want to join NPÖ
You do not have to do anything if you want to join NPÖ and joint record keeping, which makes patient information available to other healthcare providers. Whenever somebody wants to read your patient information, this person shall ask for your agreement. It is only healthcare providers who have a patient relationship with you who can read the information.

Tell your doctor or other authorised healthcare professional that you want to do this, and give the form to them. If you block information, you become responsible at all times for informing healthcare staff of what they need to know in order to provide good and safe care.

Parents and custodians are not entitled to block information about their children. As the child gets older and grows up, the child can block the information itself.

You can change your mind if you have blocked your patient information. If so, talk to an authorised healthcare professional about lifting the block.

❌ If you do not want to join NPÖ
You can choose not to join NPÖ. Then it is not possible for any healthcare provider to look up information about you via NPÖ. You can block your information by filling in a form.

Tell your doctor or other authorised healthcare professional that you do not want to do this. If you block information, you become responsible at all times for informing healthcare staff of what they need to know in order to provide good and safe care.

Parents and custodians are not entitled to block information about their children. As the child gets older and grows up, the child can block the information itself.

You can change your mind if you have blocked your patient information. If so, talk to an authorised healthcare professional about lifting the block.
National IT solution

NPÖ is a result of the IT strategy for healthcare and personal care that the Government developed together with different representatives from healthcare in 2005. The aim is to use modern technology to simplify information handling and to improve patient safety within healthcare and personal care.

All county councils will join by 2012

The Patient Data Act (2008) gives your healthcare provider the opportunity to read patient information about you electronically, irrespective of where you are being cared for - if you agree to this.

During 2010, five large county councils, around ten municipalities and some private healthcare providers will join NPÖ. By 2012, all county councils, most municipalities and private healthcare providers in Sweden will have joined NPÖ. Information about which ones have joined already can be found on www.nationellpatientöversikt.se.

Please contact us for more information.

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